## **RESOLUTION NO. 25-2022-2023**

## A RESOLUTION OF THE BOARD OF EDUCATION OF THE TAHOE TRUCKEE UNIFIED SCHOOL DISTRICT DECLARING MAY 5, 2023 SCHOOL LUNCH HERO DAY

**Whereas**, school Lunch Hero Day is a holiday that's celebrated on the first Friday in May annually. It's a day on which people can show some appreciation to the professionals who help make meals for America's students.

Whereas, these professionals not only include the people who design and implement the strict nutrition standards needed in schools, but also the cafeteria workers who make sure that all children are fed. Between preparing healthy meals for America's students, adhering to strict nutrition standards, navigating student food allergies, and offering service with a smile, school nutrition professionals are true heroes.

Whereas, school lunches are an important part of a student's academic success. Studies show that students who receive regular meals for breakfast and lunch are more likely to succeed in school. Studies have also shown that school breakfasts and lunches contribute to the student's overall health. Students who receive free or reduced-price school lunches have a lower rate of obesity, lower rates of food insecurity, and better overall health. As a result, school lunches are not something that just benefits the student, but it's also something that benefits the overall community. In other words, school lunches are good for all of us.

Whereas, we thank our nutrition professionals and cafeteria workers for their impact on student success.

**NOW, THEREFORE, BE IT RESOLVED** that the Tahoe Truckee Unified School District hereby recognizes and honors the contribution of our nutrition professionals and cafeteria workers in the Tahoe Truckee Unified School District and designates May 5, 2023, as School Lunch Hero Day.

**ADOPTED** this third day of May 2023, by the Tahoe Truckee Unified School District Board of Education, Placer County, California.

Dianna Driller, President	Denyelle Nishimori, Member
Board of Education	Board of Education
Kirsten Livak, Member	Cristina Hennessey, Clerk
Board of Education	Board of Education
Patrick Mooney, Member Board of Education	Carmen Ghysels Superintendent Chief Learning Officer