



DATE: October 4, 2023
TO: Board of Education
FROM: Mrs. Kerstin Kramer, Superintendent Chief Learning Officer
SUBJECT: Wellness Program Presentation
PRESENTED BY: Annamarie Cohen, Executive Director of Student Services

ACTION REQUESTED

Wellness Program Presentation

BACKGROUND INFORMATION

The TTUSD Wellness Program has expanded significantly over the last three years. There was an overwhelming recognition following the COVID-19 Pandemic that social emotional learning, mental and behavioral health services, and structured student, family, and staff support are critical to student success. TTUSD was able to obtain Student Behavioral Health Incentive funding to focus on expanding Wellness Centers with support resources across the district, as well as begin the task of prioritizing social emotional learning for students and staff. This presentation will highlight the work that is in process and is being proposed for the future. We will share highlights of the Wellness Centers, our social emotional learning curriculum, surveys, and plans, and some highlights from the California Healthy Kids Survey; one metric that helps inform our Strategic Plan and the actions we are taking to support student achievement.

RESOURCES REQUIRED: None

PREPARED BY: Becca Wing, Administrative Assistant, to Annamarie Cohen, Executive Director of Student Services

Attachment: Wellness Program Presentation