



DATE: June 16, 2021

TO: Board of Education

FROM: Carmen Diaz Ghysels, Superintendent Chief Learning Officer

SUBJECT: Approve Nevada County Wellness Services Contract for 2021-22

PRESENTED BY: Jeff Santos, Executive Director of Student Services

ACTION REQUESTED:

Approve Nevada County Wellness Services Contract for 2021-22

BACKGROUND INFORMATION:

The TTUSD Wellness Program is a collaborative project between the school district, Nevada and Placer Counties, the Community Collaborative of Tahoe Truckee partners and youth, designed to help high school students access a broad spectrum of mental health services. The scope of work includes Wellness Centers at Truckee High and North Tahoe High, individualized wellness programming at Sierra High and the Placer County Community School, and linkages to North Tahoe Middle School and Alder Creek Middle School. The staff includes a Wellness Manager, Kim Bradley, and two Wellness Liaisons. The program is directly supervised by site administrators and is supported by the Student Services Department.

We are entering into our ninth year of this co-funded program and Nevada County is set to contribute \$50,587 for the 2021-2022 school year. The TTUSD Wellness Program has grown over the last seven years and the centers and the programs that they provide are firmly embedded in the school culture. Wellness staff work directly with youth to educate and empower them to have a voice in decisions about their own health and well-being. The program offers students the opportunity to develop personal resiliency, peer support, and leadership skills while connecting youth with caring adults and peers. The Wellness staff collaborates with our school counselors and school psychologists to provide a seamless system of care for all students.

RESOURCES REQUIRED:

Nevada County, Behavioral Health Department - \$50,587

PREPARED BY: Becca Wing, Administrative Assistant, and Jeff Santos, Executive Director of Student Services.

Attachment: Nevada County Renewal Contract 2021-2022 Wellness Services