



**DATE:** August 3, 2023  
**TO:** Board of Education  
**FROM:** Kerstin Kramer, Superintendent Chief Learning Officer  
**SUBJECT:** Approve Placer County Health and Human Services Operation of Tahoe Wellness Centers Contract HHS000775 for 2023-2025  
**PRESENTED BY:** Annamarie Cohen, Executive Director of Student Services

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**ACTION REQUESTED**

Approve Placer County Health and Human Services Operation of Tahoe Wellness Centers Contract HHS000775 for 2023-2025

**BACKGROUND INFORMATION**

The TTUSD Wellness Program is a collaborative project between the school district, Nevada and Placer Counties, the Community Collaborative of Tahoe Truckee partners and youth, designed to help high school and middle school students access a broad spectrum of mental health services. The scope of work includes Wellness Centers at Truckee High, North Tahoe High, North Tahoe Middle School, Alder Creek Middle School, and individualized wellness programming at Sierra High and the TTUSD Community School. The staff includes a Wellness Manager, Kim Bradley and four liaisons. The program is directly supervised by site administrators and is supported by the Student Services Division.

We are entering into our 11th year of this co-funded program and Placer County is set to contribute \$231,404 for the 2023-24 school year. The TTUSD Wellness Program has grown over the last eight years and the centers and the programs that they provide are firmly embedded in the school culture. Wellness staff work directly with youth to educate and empower them to have a voice in decisions about their own health and well-being. The program offers students the opportunity to develop personal resiliency, peer support, and leadership skills while connecting youth with caring adults and peers. The Wellness staff collaborate with our school counselors and school psychologists to provide a seamless system of care for all students.

**RESOURCES REQUIRED:**

Placer County Health and Human Services – \$231,404 for 2023-24

**PREPARED BY:** Becca Wing, Administrative Assistant

Attachment: Operation of Tahoe Wellness Centers Contract