

**AMENDMENT #1 TO THE CONTRACT WITH TAHOE
TRUCKEE UNIFIED SCHOOL DISTRICT (Res 21-215)**

THIS AMENDMENT is executed this January 25, 2022 by and between TAHOE TRUCKEE UNIFIED SCHOOL DISTRICT, hereinafter referred to as "Contractor" and COUNTY OF NEVADA, hereinafter referred to as "County". Said Amendment will amend the prior Agreement between the parties entitled Professional Services Contract, executed on June 15, 2021 per Resolution RES 21-215; and

WHEREAS, the Contractor operates Wellness Program Services as a component of the County's Mental Health Services Act (MHSA) Prevention and Early Intervention (PEI) Plan; and

WHEREAS, the parties desire to amend their Agreement to increase the contract price from \$50,587 to \$100,587 (an increase of \$50,000), revise Exhibit "A" Schedule of Services to incorporate expansion of wellness centers into middle schools and amend Exhibit "B" Schedule of Charges and Payments to reflect the increase in the maximum contract price.

NOW, THEREFORE, the parties hereto agree as follows:

1. That Amendment #1 shall be effective as of 10/1/2021.
2. That Maximum Contract Price, shall be amended to the following:
\$100,587
3. That the Schedule of Services, Exhibit "A" is amended to the revised Exhibit "A" attached hereto and incorporated herein.
4. That the Schedule of Charges and Payments, Exhibit "B" is amended to the revised Exhibit "B" attached hereto and incorporated herein.
5. That in all other respects the prior agreement of the parties shall remain in full force and effect except as amended herein.

COUNTY OF NEVADA:

CONTRACTOR:

By: _____
Susan Hoek
Chair of the Board of Supervisors

By: _____
Truckee Tahoe Unified School District
11603 Donor Pass Road
Truckee, CA 96161

ATTEST:

By: _____
Julie Patterson-Hunter
Clerk of the Board of Supervisors

EXHIBIT “A”
SCHEDULE OF SERVICES
TAHOE TRUCKEE UNIFIED SCHOOL DISTRICT

Tahoe Truckee Unified School District (TTUSD), herein referred to as “Contractor”, agrees to provide services through the Wellness Program as a Prevention component of the County’s Mental Health Services Act (MHSA) Prevention and Early Intervention Plan for the Nevada County Behavioral Health Department, herein referred to as “County”.

Project Background:

The Tahoe-Truckee community experienced a series of tragic teen suicides 4 years ago. In 2012, the California Healthy Kids Survey reported that 36% of TTUSD 9th graders felt so sad or hopeless for 2+ weeks in a row that they stopped doing usual activities. It was a 12% increase from the 2010 data and well above the state average. Even more concerning was that in the spring of 2012, 28% of Truckee High 9th graders reported seriously considering attempting suicide and 20% had a planned method of suicide. It was known that these youth were struggling; yet very few were talking about it and even fewer were engaging in services voluntarily. Students expressed a desire to have more support services available to them at their school sites. In order to best support youth, services needed to go to where youth were, build relationships and ask what’s important to them. By providing Wellness Centers at the school sites, TTUSD has been able to connect with youth who need someone to listen to them and connect them to the help they need. Since opening the Wellness Centers 5 years ago, the number of 9th graders who reported feeling sad or hopeless dropped to 31% and the number of 9th graders who reported considering suicide dropped to 13%. The Wellness Centers have proven to be a successful prevention strategy in the schools. Middle school Counselors have reported a significant increase in the number of students struggling with anxiety, depression, suicidal ideation and disruptive behaviors since the beginning of the pandemic. According to the 2020 California Healthy Kids Survey (CHKS), 34% of TTUSD 7th graders did not feel connected at school, 36% of TTUSD 7th graders felt chronically sad or hopeless and 14% of TTUSD 7th graders seriously considered attempting suicide over the last year. These numbers have increased since the 2017-2018 CHKS report and are on par with the high school CHKS data.

There have been growing concerns for the mental health of middle school students, especially after a year of distance/hybrid learning during the COVID 19 pandemic.

Project Detail:

The Tahoe Truckee Unified School District (TTUSD) Wellness Program is a collaborative project between the TTUSD, Placer and Nevada County, Community Collaborative of Tahoe Truckee partners and youth designed to help high school students

build protective factors, reduce risk factors/behaviors and increase access to a broad spectrum of mental health services. The program is financially supported by both Nevada County and Placer County and is comprised of Wellness Centers at North Tahoe High and Truckee High, individualized wellness programming at Sierra High and the Community School (Placer County Court School), and outreach and education to North Tahoe Middle School, Alder Creek Middle School and the elementary schools. The Centers serve as hubs for high school students to talk with caring adults, connect to community resources and learn new skills to develop sustainable wellness practices. The Wellness Centers provide a safe, supportive environment at school where students can go to discuss a variety of issues from depression, anxiety, stress, grief, and family life to dating violence, sexual identity and health needs. Through both on-campus programming and community-based partnerships, students receive coordinated health education, screenings, counseling and other supportive services to improve their mental and emotional health. The TTUSD Board also approved the implementation of Wellness Centers at Alder Creek Middle School and North Tahoe School.

Contractor's Responsibilities:

Under this Agreement, Contractor agrees to operate Wellness Centers at Truckee High and North Tahoe High and programming at Sierra High, Community School, North Tahoe Middle School and Alder Creek Middle School by offering youth programs and community partnership development. The Wellness Centers shall provide a single entry point for students to connect to supportive adults and access wellness services at the school. Contractor shall provide trained staff who will be available to talk and listen to students, and partner with community organizations to link them to supportive resources.

Contractor agrees that funds provided under this Agreement will be used to help support:

- TTUSD's Wellness Manager's time to develop, implement and maintain wellness programming materials, manage the budget and supervise staff and volunteers;
- Wellness Center Liaison's time to coordinate on-site Wellness Services at North Tahoe and Truckee High;
- TTUSD's contracted services with Gateway Mountain Center to provide support for Sierra High and the Community School's Wellness Programming, including: retreats, wellness workshops, support groups, core gifts;
- Stigma reduction and suicide prevention activities in the TTUSD which may include, but is not limited to:
 - o staff,
 - o meeting space,
 - o coordinating the nomination and recruiting process and implementation of student Peer Leaders,
 - o creating and implementing a referral process for Peer Leaders,
 - o schedule, plan and implement Peer Leader trainings,

- o schedule, plan, support and implement suicide prevention trainings and activities with Peer Leaders, and
 - o support ongoing links between youth and other trusted adults in the school,
- Resource Materials and operating supplies including desks, chairs, lamps and bookcases;
- Food and supplies to host youth, parents and community meetings;
- Expenses incurred to send Wellness Center Staff and youth to training events and bring trainers to local training events.
- PEI One-Time Funding for Expansion into Middle Schools: Due to higher than anticipated MHSA revenues in FY 20/21, County will provide funding to support the expansion of Wellness Centers into Alder Creek and North Tahoe Middle Schools. This expansion will fund staff training, contracts with therapists and social workers, support materials, office supplies and furniture, and data entry support.

Additionally, Contractor shall be responsible for providing:

Reporting:

- Contractor shall ensure all required data has been collected, entered and validated in either the applicable County Electronic Health Records System or County MHSA Data Portal, by the 20th of each month for the previous month. The County will generate reports on the validated data.
- All summary PEI outcome data not available for reporting through the MHSA Data Portal are due quarterly within 30 days of the end of the fiscal quarter via secure upload.
- An Annual Progress Report is due within 31 days of the end of the fiscal year (fiscal year ends 6/30; report due 8/1). This includes, but is not limited to, validated annual reporting data and performance outcomes, an updated description of the program(s), progress towards goals, and any explanations of differences in the data from the previous year(s).
- A Three-Year Program and Evaluation Report is due every three years to the county. For example, a Three-Year Evaluation Report due August 1, 2018 for fiscal years 2015-2016, 2016-2017 and 2017-2018 combined. The Three-Year Program Report is due no later than August 1st every three years thereafter (due 8/1/21, 8/1/24, 8/1/27...) and should report on the evaluations for the three fiscal years prior to the due date for those services rendered by the Contractor.
- Contractor is responsible for submitting any MHSA Progress or Evaluation report that is required. The Contractor is also responsible for providing any corrected, revised, and/or additional data that may be requested by the County; including any backup data to verify reported information. The Contractor shall cooperate with the County for the compilation of any data or information for services rendered under this contract as may be necessary for the County to conform to MHSA PEI regulations pertaining to data reporting.

- A staff member to attend MHSA Steering Committee Meetings

Project Objectives:

Traditionally, youth in Tahoe-Truckee Area have been both an unserved and underserved population. Service providers have struggled with how to reach and serve this adolescent population. Many youth in the community are experiencing or at risk for suffering from mental and emotional stress. The project seeks to empower youth by giving them a voice in decisions around creating their own well-being and developing sustainable wellness practices for life. By making youth our peers in shaping Wellness Programming, we are teaching them self-determination and valuing them as part of their communities by listening to their concerns and responding accordingly. The Wellness Centers provide a safe place for youth to talk, learn relevant skills for improving well-being as they define it, and understand how to navigate and access community resources.

The TTUSD Wellness Program utilizes a peer support model that trains and empowers students to provide support and mentoring to their peers. Trained Peer Leaders change the norms of students throughout their schools regarding the acceptability of suicide, enables help-seeking and youth-adult communication by conducting a set of well-defined messaging activities with ongoing adult support. We offer the following Peer Mentor Programs: SOS, Link Crew and WEB in the TTUSD middle school and high schools.

GOALS, OUTCOMES AND DATA

Contractor will track goals and outcomes as indicated in their Evaluation Plan which may include, but is not limited to:

GOAL #1 - YOUTH:

At least 10 youth will be trained in peer mentor and leadership skills to better support themselves, their peers and incoming 9th graders' transition to high school.

Trained Peer Leaders will change the norms of students throughout their schools regarding the acceptability of suicide, enables help-seeking and youth-adult communication by conducting a set of well-defined messaging activities with ongoing adult support. We offer the following Peer Mentor Programs: Link Crew/SOS, WEB and Safe School Ambassadors in the TTUSD middle school and high schools.

Objective:

- Train 100 youth in high school and middle school Peer Mentor Programs.

Outcomes:

- At least 60% of students participating in the high school Link Crew Peer Mentor Program will report that they learned new mentor skills, were able to better support their friends and feel empowered to be leaders.

- At least 60% of 9th graders will report feeling safe and connected to school by participating in school activities.

GOAL #2 - SUPPORT:

At least 200 youth will receive individual support from Wellness Center Staff to improve their social, emotional and mental health and opportunities to access community wellness resources.

Objectives:

- Create a safe space for youth to talk, seek support and get connected to outside community resources by offering Wellness Center Drop-In hours five days a week/seven (7) hours a day.
- Refer at least 30 students to mental health community services, such as: Nevada/Placer Behavioral Health, Child Protective Services, Tahoe Forest Hospital Youth Health Navigator, Sierra Community House, Gateway Mountain Center and Adventure Risk Challenge. All students referred to mental health treatment are supported until they have connected to the service provider and have been encouraged to participate in the services at least once.
- Provide at least 6 student support groups for students identified as needing additional social emotional supports.

Outcomes:

- At least 60% of students utilizing the Wellness Centers will report satisfaction with the quality and usefulness of services.
- At least 60% of students participating in student support groups will report increased skill building and social connections.

GOAL #3 - EDUCATION:

At least 500 youth will learn practical tools to improve their overall health and well-being.

Objective:

- Provide at least 50 Wellness Workshops to a variety of students, staff and Wellness Partners on the following topics: Healthy Ways to Deal with Stress, Mindfulness, Heart Math, Know the Signs, Trauma Informed Care, Restorative Practices, Mental Health Stigma, Understanding Gender and Sexual Identity.

Outcome:

- At least 100 students and 50% of students participating in Wellness Workshops will report increased knowledge and skills of healthy wellness practices.

Other goals, outcomes and data may be part of the Evaluation Plan that indicate the reduction of prolonged suffering from untreated mental illness by measuring a reduction

in risk factors, indicators, and/or increased protective factors that may lead to improved mental, emotional, and relational functioning. Data collection may include, but is not limited to:

- Pre and post test
- Evidence based practices evaluation tools
- Surveys
- Community feedback
- Sign-in sheets

Count & Demographics:

- PEI Demographic Information (9 CCR § 3560.010) including unduplicated number of individuals served; template to be provided by County.
- Unduplicated number of individual family members served (if Program serves families) - 9 CCR § 3560.010.

Referrals:

- Number of individuals referred to county mental health programs, and the kind of treatment to which the individual was referred.
 - For referrals to county mental health, the average duration of untreated mental illness.
- Number of individuals referred to non-county mental health treatment and the kind of treatment to which the individual was referred.
- Number of individuals referred to other key services and the kind of services to which the individual was referred.
- Number of individuals who followed through on referral and engaged in treatment.
- Average interval between referral and participation in treatment (at least one participation).

Additional Contract Information:

Despite progress in addressing explicit discrimination, racial inequities continue to be deep, pervasive, and persistent across the country. Though we have made many strides toward racial equity, policies, practices, and implicit bias have created and still create disparate results. Through partnerships with the community, Nevada County Behavioral Health strives to address these inequities and continue progress in moving forward.

Contractor is encouraged to have a diverse and inclusive workforce that includes representation from the disparate communities served by our county. Contractors will

is expected to think holistically about creating services, program sites and an employee culture that is welcoming and inclusive. Contractors should track metrics on Diversity, Equity, and Inclusion outcomes within their service delivery. Additional efforts should be made to identify and highlight growth opportunities for equitable outcomes, access to services, and other opportunities. Contractor shall consult with County contract manager about proposed metrics to track.

Services should be designed to meet clients' diverse needs. Contractors will be expected to participate in the NCBH Cultural Competency program, participate in trainings and tailor outreach efforts and marketing materials to engage a diverse population of community members. Given that Spanish is a threshold language in Nevada County, a special emphasis should be placed on engaging Latinx communities and providing services in Spanish.

EXHIBIT "B"
SCHEDULE OF CHARGES AND PAYMENTS
TAHOE TRUCKEE UNIFIED SCHOOL DISTRICT

County shall pay to Contractor a maximum not to exceed \$100,587 for the entire contract term for satisfactory performance of services in accordance with Exhibit "A".

The annual project maximum is based on the following project budget:

TTUSD Wellness Program FY 21/22 Budget	
Salary & Benefits	\$42,345
Total Personnel	\$42,345
Middle School Wellness Specialist	\$5,000
Middle School Therapeutic Supports	\$5,500
Link Crew Stipends	\$1,598
Professional Services Contracts to run groups and workshops	\$1,154
Resources	\$10,964
Office Supplies	\$4,330
Office Equipment	\$8,165
Hosting (Includes SoS funding for SoS activities)	\$7,243
Travel/Training	\$9,158
Data Entry Support	\$900
Operating Total	\$54,012
TTUSD Admin	\$4,230
TOTAL BUDGET	\$100,587

As compensation for services rendered to County, Contractor shall be reimbursed for actual salary/ benefits and costs incurred in carrying out the terms of the contract. Contractor shall bill County each month, and each invoice shall state the amount of personnel hours/benefits and expenses being billed. Contractor agrees to be responsible for the validity of all invoices.

BILLING AND PAYMENT:

Should modification to or changes to the budget line items be needed, a written request for modification shall be submitted for approval to the Director and or his/her designee. County at its sole discretion shall determine if the change will continue to meet the contract objectives and approve or deny the request.

As compensation for services rendered to County, Contractor shall be reimbursed for actual salary/ benefits and costs incurred in carrying out the terms of the contract.

Contractor shall bill County each month, and each invoice shall state the amount of personnel hours/benefits and expenses being billed. Contractor agrees to be responsible for the validity of all invoices.

County shall review the billing and notify the Contractor within fifteen (15) working days if an individual item or group of costs is being questioned. Contractor has the option of either removing the questioned cost or delaying the entire claim pending resolution of the cost(s). Payments of approved billing shall be made within thirty (30) days of receipt of a complete, correct, and approved billing and required MHSA reports.

To expedite payment, Contractor shall reference the Resolution Number assigned to their Contract on their invoice.

Contractor shall submit invoices for services to:

HHS Administration
Attn: BH Fiscal
950 Maidu Avenue
Nevada City, CA 95959