



**DATE:** April 12, 2023

**TO:** Board of Education

**FROM:** Carmen Diaz Ghysels, Superintendent Chief Learning Officer

**SUBJECT:** Approve the MOU between Tahoe Truckee Unified School District and Placer County Office of Education for Participation in the Assessment and Program Planning for the Student Behavioral Health Incentive Program

**PRESENTED BY:** Annamarie Cohen, Executive Director of Student Services

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### **ACTION REQUESTED**

Approve the MOU between Tahoe Truckee Unified School District and Placer County Office of Education for Participation in the Assessment and Program Planning for the Student Behavioral Health Incentive Program

### **BACKGROUND INFORMATION**

Participating in Student Behavioral Health Incentive Program (SBHIP) will allow TTUSD to significantly expand its Wellness Program. Specifically, TTUSD will achieve the following outcomes through a multiphase approach over the next 2 years:

1. Expand Tier 1 SEL supports and deepen Tier 2 and Tier 3 mental health interventions by increasing the TTUSD wellness staffing capacity and infrastructure: hiring a TTUSD SEL specialist and expanding the scope of school social workers, school therapists, and MSW interns at each school site.
2. Implement a district-wide SEL framework and delivery approach with an emphasis on screening, assessment, and SEL skill building aligned with CASEL competencies, trauma informed practices, distress tolerance techniques, and mindfulness tools to help students manage stress, anxiety, and mental health challenges.
3. Expand the wellness center model in all five TTUSD elementary schools so all TTUSD schools become “Centers of Wellness” where students’ mental, social, and emotional needs are supported so that students can learn and thrive.

**RESOURCES REQUIRED:** \$70,000 from Placer County Office of Education for initial planning phase

**PREPARED BY:** Annamarie Cohen, Executive Director, and Becca Wing, Administrative Assistant