



DATE: June 21, 2023

TO: Board of Education

FROM: Carmen Diaz Ghysels, Superintendent Chief Learning Officer

SUBJECT: Approve Nevada County Wellness Services Contract for the 2023-2024 School Year

PRESENTED BY: Annamarie Cohen, Executive Director of Student Services

ACTION REQUESTED:

Approve Nevada County Wellness Services Contract for the 2023-2024 school year

BACKGROUND INFORMATION:

The TTUSD Wellness Program is a collaborative project between the school district, Nevada and Placer Counties, the Community Collaborative of Tahoe Truckee partners, and youth designed to help middle and high school students access a broad spectrum of mental health services. The scope of work includes Wellness Centers at Truckee High, North Tahoe High, North Tahoe Middle School, Alder Creek Middle School, and individualized wellness programming at Sierra High and the TTUSD Community School. The staff includes a Wellness Manager, Kim Bradley, and four Wellness Liaisons. The program is directly supervised by site administrators and is supported by the Student Services Department. This year, the Wellness Program will launch Wellness Centers in two TTUSD elementary schools and expand the Social Worker Program.

We are entering into our eleventh year of this co-funded program, and Nevada County is set to contribute \$107,436 for the 2023-2024 school year. The TTUSD Wellness Program has grown over the last eight years, and the centers and the programs that they provide are firmly embedded in the school culture. Wellness staff works directly with youth to educate and empower them to have a voice in decisions about their own health and well-being. The program offers students the opportunity to develop personal resiliency, peer support, and leadership skills while connecting youth with caring adults and peers. The Wellness staff collaborates with our school counselors and school psychologists to provide a seamless system of care for all students.

RESOURCES REQUIRED: \$107,436.00 - Nevada County, Behavioral Health Department

PREPARED BY: Becca Wing, Administrative Assistant

Attachment: Nevada County Renewal Contract 2023-2024 Wellness Services