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TTUSD COURSE DESCRIPTION FORM

Department:	CTE	Course Title:	Sports Medicine 2		
Course ID:		Grade Level:	10-12	Course Length:	year long
Credits/Semester:	5/semester, 10/year	Required for Graduation:	No	College Prep:	Yes
Prerequisites:	Sports Medicine 1				
Meets CSU "a-g" Requirement:	Yes	Meets UC "a-g" Requirement:	Yes	Course Level:	capstone
Meets CTE Requirement:	Yes			CALPADS #	7922
Resources and Materials (textbook):	Introduction to Sports Medicine and Athletic Training, France IBSN-10: 1111319855				

Course Description: This course is designed to have students learn and apply the fundamentals of careers in sports medicine. It is a continuation of the concepts introduced in Sports Medicine 1. This course develops the advanced skills for understanding functional anatomy and kinesiology and prevention, evaluation, treatment, and rehabilitation of illness, disease, and injury. Emphasis is placed on the scope of practice of an athletic trainer aide and students acquire fundamental concepts and skills of training room development, assessment of environmental factors that lead to injury, introduction to rehabilitation and modalities, risk management, and the basics of training and conditioning techniques. Career Ready Practice Standards are integrated throughout the course allowing students to develop their problem solving, collaboration, communication, and critical thinking skills through scenario evaluation and project based learning experiences. Internship opportunities are incorporated in the course to provide students with the opportunity to apply their skills in a real-world setting.

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Goals: (Expected performance outcomes for students)

Students will train for the medical assistant certification test from the National Health Association (NHA).
 Students will be able to perform concussion protocol and recognize signs of a concussion.
 Students will do a sports medicine internship in order to apply their training in a real world setting.
 Students will be able to assess, prepare and treat injuries.

Evaluation:

Students will be evaluated with formative assessments such as labs with injury assessments, preparedness and treatments.
 Students will be evaluated summatively with EKG, Blood Pressure and reaction time labs.
 Students will be evaluated summatively with a state/national certification from the medical field.

Performance Standards				
Far Below Basic = F	Below Basic = D	Basic = C	Proficient = B	Advanced Proficient = A

Joanna Mitchell *Joanna Mitchell*

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 SHS Principal

Logan Mallonee

 TTHS Principal

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 CTE Approval (if needed)

Joan Zappettini

 HR/Credentialing

Kerstin Kramer

 Educational Services

Date of Initial Submission: 01/09/2023

Date of Final Approval: 02/05/2023