



DATE: May 3, 2023

TO: Board of Education

FROM: Carmen Diaz Ghysels, Superintendent Chief Learning Officer

SUBJECT: Approve Resolution No. 24-2022-2023 Mental Health Awareness Month, May 2023

PRESENTED BY: Annamarie Cohen, Executive Director of Student Services

ACTION REQUESTED

Approve Resolution No. 24-2022-2023 Mental Health Awareness Month, May 2023

BACKGROUND INFORMATION

This resolution recognizes May 2023 as Mental Health Awareness Month to enhance public awareness of mental health and dispel the stigma surrounding it.

Every day, millions of people face stigma related to mental illness, causing many to face their mental health challenges for years without help. Each May, Mental Health Awareness Month provides the opportunity for everyone to come together to illuminate mental health awareness in an effort to stop the stigma. Bringing forth this awareness is crucial to helping people reach out for the assistance they deserve.

By officially recognizing May as Mental Health Awareness Month, we believe we can help unite our school district and community members to share a vision of improved mental health and equality. As our country continues to grapple with the impacts of the COVID-19 Pandemic, it is important to recognize and bring awareness to each individual's mental health needs.

RESOURCES REQUIRED: None

PREPARED BY: Becca Wing, Administrative Assistant Student Services

Attachment: Resolution No. 24-2022-2023