

TTUSD COURSE DESCRIPTION FORM

Submission Date 01/25/2022

Department:	CTE	Course Title:	Sports Medicine 1
Course ID:	6809	Grade Level:	9-12
Credits/Semester:	5 per semester/10 for the year	Course Length:	1 year
Prerequisites:	none	Required for Graduation:	Yes
Meets CSU "a-g" Requirement:	Yes	College Prep:	Yes
Meets UC "a-g" Requirement:	Yes	Course Level:	introductory
Resources and Materials (textbook):	Sports Medicine Essentials, Core Concepts in Athletic Training & Fitness Instruction Jim Clove		

Course Description:

This course is designed to have students learn the basic fundamentals of careers in sports medicine. Students will learn through practical hands-on application how to assess, prepare, prevent, evaluate and treat emergency procedures. Students will become first aid/CPR, AED certified throughout this course. This course incorporates project-based learning to prepare students for entry-level employment and future academics that will prepare students for pursuing health science related courses at the post-secondary level. Units covered in this course throughout the year are careers in the field of sports medicine, sports psychology, pre existing conditions and how that may affect an athletes performance, first aid and CPR, how to prepare for emergencies, infection control, bloodborne pathogens and nutrition. Throughout this course students will develop cognitive and critical thinking skills to assess various first responder scenarios. This course will target special education, English Learner and Socio-economically disadvantaged students by blending life and career skills for careers ranging from athlete/coach to physical trainer, medical technician, physical therapist or doctor. G requirement in A-G ISBN: 9781305445109, 1305445104

CalPADS # 7921

Goals: (Expected performance outcomes for students)

Students will become CPR, first aid and AED certified.
 Students will be able to evaluate and describe careers in the sports medical profession.
 Students will be able to assess, prepare and treat injuries. Students will be able to understand the physiological benefits of a balanced diet.

Evaluation:

Students will be evaluated with summative assessments such as CPR/AED and first aid assessments in order to gain their certification from the American Red Cross. More summative assessments will include presentations on careers in sports medicine and assessments on how to treat and assess different injuries. Students will be evaluated with formative assessments such as labs with injury assessments, preparedness and treatments.

Performance Standards			
Far Below Basic = F	Below Basic = D	Basic = C	Proficient = B
			Advanced Proficient = A

Joanna Mitchell

Greg Wohlman

Logan Malloncz

NTHS Principal

SHS Principal

TTHS Principal

Todd Hennings

Greg Wohlman

Jesse Steele

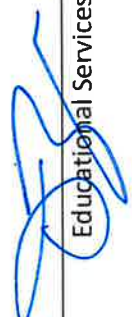
NTHS Department Chair

SHS Department Chair

TTHS Department Chair



HR/Credentialing



Educational Services

Date of Final Approval