



**DATE:** April 7, 2021

**TO:** Board of Education

**FROM:** Mrs. Carmen Ghysels, Superintendent Chief Learning Officer

**SUBJECT:** Approve Revisions to Board Policy and Administrative Regulation 6142.7 Physical Education and Activity

**PRESENTED BY:** Valerie Simpson, Executive Director of Educational Services

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### **ACTION REQUESTED**

Approve Revisions to Board Policy and Administrative Regulation 6142.7 Physical Education and Activity

### **BACKGROUND INFORMATION**

The Board Policy 6142.7 - Physical Education and Activity Policy has been updated to add the statement on equal access and equal opportunities for participation in physical education regardless of gender, gender expression, sexual orientation, and mental or physical disability as included in the CDE's Federal Program Monitoring instrument.

The Policy also reflects U.S. Department of Health and Human Services recommendations that physical activity for children should be moderate to vigorous.

The Policy also clarifies credential recommendations for teachers of physical education.

The Administrative Regulation 6142.7 - Physical Education and Activity has also been updated to reflect the new law (SB 75, 2019) which extends the use of uniform complaint procedures (UCP) to include complaints alleging noncompliance with physical education instructional minutes in grades 7 – 12. Regulation also reflects the U.S. Health and Human Services recommendations for moderate to vigorous physical activity for children.

**RESOURCES REQUIRED:** N/A

**PREPARED BY:** Mindi Brenner for Valerie Simpson, Executive Director of Educational Services.

Attachment: Board Policy and Administrative Regulation 6142.7 Physical Education and Activity